



Sloppy Joe

Using a blend of Flavored Plant Protein + Beef

Yield: 24/4 oz servings

Ingredients

- 2 lb *#90520 Plant Protein Beef Flavored Crumbles* or
#606716 Plant Protein Sloppy Joe Flavored Crumble
- 4 lb ground beef
- 1 oz cooking oil
- 2 lb water
- 8 oz diced green bell pepper
- 4 oz diced onion
- 1 oz minced garlic
- 2½ lb ketchup
- 2 oz brown sugar
- 2 oz mustard
- ½ oz mild chili powder
- 2 oz Worcestershire sauce
- salt and pepper to taste

Preparation

- 1) Brown ground beef in oil over medium-high heat.
- 2) Add bell pepper, onion and garlic, sauté until translucent.
- 3) Add water, ketchup, brown sugar, mustard, chili powder and Worcestershire sauce and bring to a simmer.
- 4) Add plant protein and simmer over low heat for 15 minutes.
- 5) Season with salt and pepper.