

**12**  
INDIVIDUALLY  
WRAPPED  
CATEGORIES



**NUT FREE**

ALLERGEN FRIENDLY ✓

SCHOOL SAFE ✓

BETTER-FOR-YOU  
**SNACKS**

# ZEE ZEE

# ZEEES<sup>®</sup>



**FOODSERVICE GUIDE**  
**MEAT / MEAT ALTERNATE**

**M/MA**  
Options

1 M/MA



**Feel  
Good  
Food**



## Sunflower Kernels

There's not a seed of doubt that our Sunflower Kernels are both a deliciously portable protein that's great for on-the-go adventures and a terrific source of vitamins and minerals. These individually packaged power-ups will definitely grow on you in no time flat.

### Benefits & Features

- Meets 1 M/MA requirement
- Convenient shelf-stable protein
- Made in a nut free & sesame free facility
- Naturally gluten free & vegan options available
- Buy American & Smart Snack compliant
- At least 11% DV of fiber & 12% DV protein in 1 serving
- Individually portioned for easy serving & eating

## Sunflower Kernels

Item #	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
C88090	<i>Honey Roasted</i>	250/1.2 oz	1 M/MA	190	65mg	11g
C87860	<i>Roasted</i>	250/1.2 oz	1 M/MA	200	135mg	8g
C89000	<i>Spicy</i>	250/1.2 oz	1 M/MA	190	180mg	8g

**M/MA**  
Options

1 M/MA or 1/4c VEG



**Crushing  
Snack  
Time**



## Roasted Chickpeas

Zee Zees Roasted Chickpeas are the plant-based snack with a crunch you've been waiting for. Packed with protein and fiber, these are a great snack to fuel up for your day, and make a flavorful addition to any meal. When you're on empty, you know to grab one of our tasty Roasted Chickpeas!

### Benefits & Features

- Meets 1 M/MA or 1/4 cup VEG (legume) requirement
- Convenient shelf-stable protein
- Made in a nut free & sesame free facility
- Naturally gluten free, non-GMO, low sodium & kosher
- Buy American & Smart Snack compliant
- Individually portioned for easy serving & eating
- At least 14% DV of fiber & 10% DV protein in 1 serving

## Roasted Chickpeas

Item #	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
617613	<i>Chili Lime</i>	250/0.75 oz	1 M/MA or 1/4c VEG	100	120mg	12g
621356	<i>Kettle Corn - NEW</i>	250/0.75 oz	1 M/MA or 1/4c VEG	90	110mg	13g
617612	<i>Ranch</i>	250/0.75 oz	1 M/MA or 1/4c VEG	100	75mg	12g
617611	<i>Sea Salt</i>	250/0.75 oz	1 M/MA or 1/4c VEG	90	140mg	14g

**M/MA  
Options**

2 M/MA or 1/2c VEG



**Elevate  
School  
Meals**



## Fava Bean Crisps - NEW!

Crunch! Chomp! Munch! Fava Beans are the superheroes of the snack universe. They're a plant-based superfood, swooping in to save the day with nutrient dense legumes that are oh-so-crunchable. These protein power-ups give students the energy they need to take the world by storm!

### Benefits & Features

- Meets 2 M/MA or 1/2 cup VEG (legume) requirement
- Convenient shelf-stable protein
- Made in a nut free & sesame free facility
- Naturally gluten free, non-GMO, vegan & kosher
- Buy American & Smart Snack compliant
- Individually portioned for easy serving & eating

## Fava Bean Crisps

Item #	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
622355	<i>Buffalo Ranch - NEW</i>	175/1.5 oz	2 M/MA or 1/2c VEG	190	380mg	22g
622356	<i>Churro - NEW</i>	175/1.5 oz	2 M/MA or 1/2c VEG	190	30mg	24g



**School  
Safe -  
Allergen  
Friendly**



## Dipz™ & Spreads

Our sesame free Dipz and Spreads are hard to beat when it comes to delicious, nutritious, shelf-stable, vegetarian proteins for your menus. Dip in your fave snack, or use as a spread, these little cups give your meals that extra oomph.

### Benefits & Features

- Multiple M/MA or Veg options available
- Convenient shelf-stable protein
- Made in a nut free & sesame free facility
- Naturally gluten free, kosher & vegetarian
- Smart Snack compliant
- Individually portioned for easy serving & eating
- At least 14% DV of fiber & 10% DV protein in 1 serving
- Commodity options available

### Hummus

- 3 oz – 1-1/2 M/MA or 3/8 cup VEG (legume) requirement
- 4.5 oz – 2-1/4 M/MA or 5/8 cup VEG (legume) requirement

### Bean Dipz

- 3 oz – 1-1/2 M/MA pr 3/8 cup VEG (legume) requirement
- 4.5 oz – 2 M/MA or 1/2 cup VEG (legume) requirement

## Hummus

Item #	Commodity Code	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
A5000	100360	<i>Original Hummus 3 oz</i>	120/3 oz	1 1/2 M/MA or 3/8c VEG	110	100mg	18g
A5050	100360	<i>Original Hummus 4.5 oz</i>	96/4.5 oz	2 1/4 M/MA or 5/8c VEG	170	150mg	27g
A5100	100360	<i>Red Pepper Hummus 3 oz</i>	120/3 oz	1 1/2 M/MA or 3/8c VEG	110	100mg	18g
A5150	100360	<i>Red Pepper Hummus 4.5 oz</i>	96/4.5 oz	2 1/4 M/MA or 5/8c VEG	170	150mg	27g
A5200	100360	<i>Taco Hummus 3 oz</i>	120/3 oz	1 1/2 M/MA or 3/8c VEG	120	180mg	18g
A5250	100360	<i>Taco Hummus 4.5 oz</i>	96/4.5 oz	2 1/4 M/MA or 5/8c VEG	180	270mg	27g

## Bean Dipz™

Item #	Commodity Code	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
A5700	100365	<i>Original Bean Dipz 3 oz</i>	120/3 oz	1 1/4 M/MA or 3/8c VEG	80	190mg	12g
A5750	100365	<i>Original Bean Dipz 4.5 oz</i>	96/4.5 oz	2 M/MA or 1/2c VEG	120	290mg	19g

**M/MA  
Options**

1 M/MA or 1/2c FRT



**For The  
Love Of  
Snacks**



## Trail Mix - NEW!

Crunchy, chewy, sweet, and savory – Zee Zees Snack Mixes know how to mix it up with the perfect balance of tasty flavors students love. Fitting multiple meal contributions and always nut-free, our Trail Mixes are a smart choice for your school menus, after-school snacks, and athletic programs.

### Benefits & Features

- Meets 1 M/MA & 1/2 cup FRT requirement
- Convenient shelf-stable protein
- Made in a nut free & sesame free facility
- Naturally gluten free, vegetarian, non-GMO
- Buy American compliant
- Individually portioned for easy serving & eating
- Perfect meal pairing with bento boxes & salad toppers

## Trail Mix

Item #	Product Description	Case Pack	Meal Contribution	Calories	Sodium	Total Carbohydrates
620620	<i>Honey Cran - NEW</i>	150/2.16 oz	1 M/MA, 1/2c FRT	270	55mg	36g
619728	<i>Sweet Heat - NEW</i>	150/2.27 oz	1 M/MA, 1/2c FRT	280	200mg	37g



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