



Chicken Fajita Grains Bowl

Equipment needed: sauté pan, stove top, medium sauce pan

Yield: 1 serving

Ingredients

- 1 cup #618215 White Rice
- ½ cup #618235 Black Beans
- ½ cup #618233 Pinto Beans
- 6 oz chicken fajita meat, cooked
- 1 oz roasted or sautéed green bell pepper
- 1 oz roasted or sautéed red bell pepper
- 1 oz roasted or sautéed red onion
- 2 oz pico de gallo
- 1 oz crumbled cotija cheese
- 1oz taco sauce
- ½ avocado, sliced

Garnish: Lime, chopped cilantro

Preparation:

- 1) Heat salsa and toss with white rice, black beans and pinto beans, cook for 2-3 minutes
- 2) Sauté seasoned chicken fajitas with bell peppers and red onion over medium high heat 3-4 minutes
- 3) Top grain bowl with cooked chicken, pico de gallo, cotija cheese, avocado, taco sauce, lime and cilantro